

NAS Video Discussion Guide

Intended Audience

This video is intended for any providers who interact with pregnant parents with Substance Use Disorder (SUD). Those providers may include medical professionals, healthcare professionals, home visitors, child welfare staff, law enforcement, and judicial system.

Objectives of the Video

This video was created from stories of mothers with SUD in Michigan. By the end of the video, you should:

- Understand how parents with SUD build resiliency;
- Understand the types of behaviors that promote de-stigmatization of parents with SUD to improve self-image and health outcomes; and
- Understand your role in the system of providers to empower parents with SUD for healthy families.

Discussion Questions

After viewing the video, you may reflect on what you learned by answering these questions by yourself or with your coworkers.

1. What images/words stuck out to you?
2. How did those images/words make you feel?
3. Does this video remind you of a personal experience you've had?
4. What does this video mean to us? What does this video mean to you personally?
5. What was inspiring?
6. What questions did this raise for you?
7. Were there any moments in the video when you found yourself challenged?
8. What seems the most critical to improve?
9. What difference would it make?
10. What kind of changes will we need to make?
11. What would it look like for you to act on those changes?
12. What steps can we take to make mothers with SUD feel comfortable with us?