The Taking Pride in Prevention (TPIP) program is federally funded through the State Personal Responsibility Education Program (PREP). TPIP educates adolescents on both abstinence and contraception through the implementation of evidence-based programs, along with addressing these three adulthood preparation subjects:

1. healthy relationships
2. parent-child communication
3. adolescent development

The program uses evaluation to learn if it is reaching its goals and objectives. For the evaluation, TPIP agencies tracked participation in the program and hours of programming each youth received. Agencies also asked youth to take a state and federal survey before the program started and after it ended. Only youth who received at least one session of programming (n=4161), and only youth who took both surveys at each time period and completed more than 50% of the survey questions (n=2243), are represented in these programming and outcome results.

PARTICIPATION IN THE TPIP PROGRAM

Be Proud! Be Responsible!, TOP, Safer Choices, & Michigan Model – Healthy & Responsible Relationships

evidence-based program models used to deliver TPIP programming

<table>
<thead>
<tr>
<th>Number</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>216</td>
<td>cohorts served in community-based, in- and after school, and other types of settings</td>
</tr>
<tr>
<td>14</td>
<td>average number of programming hours each youth received</td>
</tr>
<tr>
<td>4161</td>
<td>number of youth who received at least one hour of programming</td>
</tr>
<tr>
<td>30%</td>
<td>of participants completed at least 75% of the program (N=4161)</td>
</tr>
</tbody>
</table>

YOUTH IN THE TPIP PROGRAM: SURVEY RESULTS

- The majority of TPIP youth are 13 to 15 years old.
- Almost half of TPIP youth are black.
- 54% female, 46% male
- 49% Black only, 32% White only, 19% Other

TPIP Youth Objective Outcomes

After completing the TPIP program...

- **Objective 1**: Goal: 85% of youth served will report that they are more knowledgeable about behaviors that increase the risk of pregnancy and STIs and that they have the communication and negotiation skills to avoid risky situations
- **Objective 2**: Goal: 85% of youth served will report that they intend to abstain from intercourse, or, if they do not plan to abstain from sexual intercourse, will utilize condoms/contraception to prevent pregnancy and STIs/HIV
- **Objective 3**: Goal: 75% of youth served will report that they are more likely to remain abstinent, or, if they are actively engaging in sexual intercourse, will consistently use condoms and contraception, than they were prior to programming
WHAT DID YOUTH THINK ABOUT THE TPIP PROGRAM?

69% were interested in the program sessions and classes most or all of the time
82% felt the material presented in the program was clear most or all of the time
81% felt the discussions or activities helped them learn program lessons most or all of the time
75% said they had a chance to ask questions about topics or issues most or all of the time

Almost all of youth said the program was helpful in connecting them to community resources

Helpful 94%

TPIP: PROMOTING HEALTHY BEHAVIORS

Risky sexual behaviors can result in a number of negative consequences. It is necessary to understand the associated risk and protective factors in order to appropriately implement prevention efforts. Identifying these factors can help effectively guide teen pregnancy and sexually transmitted infection prevention program planning and implementation by focusing on the specific and varied needs of youth in the community. The following facts represent youth (n=2243) responses at the end of the program.

**RISK FACTORS**

- Almost half of youth reported they had ever engaged in sexual activity. (40%)
- Of those youth, less than a quarter had used drugs or alcohol the last time they were sexually active. (19%)
- Of all TPIP youth, nearly a third reported they had ever had sexual intercourse. (32%)

**PROTECTIVE FACTORS**

- Most youth said they would feel comfortable talking to their partner about using condoms or contraception. (88%)
- Almost all youth said they would use condoms and/or contraception to prevent STIs and pregnancy if they were having sex. (96%)
- Most youth were more comfortable talking to their parents or guardians about condoms and contraception. (53%)

For more information about the TPIP Program, please contact:
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This report was created by the Michigan Public Health Institute